

PARISH OF ESHER  
Christ Church, Esher with St George's, West End

# The Eucharist in Lent



*'As far as the east is from the west,  
so far he removes our transgressions from us'*

Psalm 103.12

# The Gathering

*The minister greets the people.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

The Lord be with you  
**and also with you.**

*Words of welcome or introduction may be said.*

*A hymn may be sung.*

## Prayers of Penitence

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

We confess to you our selfishness and lack of love:  
fill us with your Spirit.

*Kyrie eleison.*

We confess to you our fear and failure in sharing our faith:  
fill us with your Spirit.

*Christe eleison.*

We confess to you our stubbornness and lack of trust:  
fill us with your Spirit.

*Kyrie eleison.*

## Absolution

*The minister pronounces the Absolution.*

May almighty God have mercy on you,  
forgive you your sins,  
and bring you to everlasting life.

**Amen.**

## The Collect

*The minister introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said, and all respond:*

**Amen.**

## The Liturgy of Word

### Readings

*Either one or two readings from Scripture precede the Gospel reading.  
At the end of each, the reader may say:*

This is the word of the Lord.

**Thanks be to God.**

### Gospel Reading

*When the Gospel is announced, the reader says:*

Hear the Gospel of our Lord Jesus Christ according to N.

**Glory to you, O Lord.**

*At the end:*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

### Sermon

*After the Sermon an anthem may be sung, or a piece of music played.*

## The Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come.

Amen.

## Prayers of Intercession

*The minister introduces the prayers:*

In the power of the Spirit and in union with Christ,  
let us pray to the Father.

*One of these responses may be used:*

Lord, in your mercy    or    Lord, hear us:  
**hear our prayer.**                      **Lord, graciously hear us.**

*And at the end:*

Merciful Father,  
**accept these prayers**  
**for the sake of your Son,**  
**our Saviour Jesus Christ.**  
**Amen.**

## The Liturgy of the Sacrament

### The Peace

*The minister introduces the Peace.*

Since we are justified by faith,  
we have peace with God  
through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you  
**and also with you.**

## Online Offertory

Thank you for your ongoing generosity to Esher Parish. Like most parishes there's been pressure on our income recently, so if you're in a position to do so, please consider if you can support our mission and ministry. Donations can be made via JustGiving at <https://www.justgiving.com/esherparish>. Or to donate to our Parish bank account, please contact the Parish Office or Parish Treasurer for details and Gift Aid forms.

## Preparation of the Table

*The table is prepared and bread and wine are placed on it.*

*The following prayer is used:*

God of mercy and compassion,  
your Word calls us home to faith and love.  
Accept all we offer you this day;  
in the name of Jesus Christ the Lord.

**Amen.**

## The Eucharistic Prayer

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.

Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast  
with joyful hearts and minds,  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Lord of all life, help us to work together  
for that day when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours,  
O loving Father, for ever and ever.

**Amen.**

## The Lord's Prayer

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power, and the glory  
are yours, now and for ever.  
Amen.**

## Breaking of the Bread

*The minister breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

*The Agnus Dei may be used as the bread is broken.*

**Jesus, Lamb of God,  
have mercy on us.  
Jesus, bearer of our sins,  
have mercy on us.  
Jesus, redeemer of the world,  
grant us peace.**

## Giving of Communion

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*In line with the Church of England guidance on Spiritual Communion at this time of the Coronavirus those unable to receive the consecrated bread and wine today may wish to use this prayer at home:*

Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen.

*During the distribution, music may be sung or played.*

## Prayer after Communion

*Silence is kept.*

*The post communion prayer is said, then all say together:*

**We thank you, Lord,  
that you have fed us in this sacrament,  
united us with Christ,  
and given us a foretaste of the heavenly banquet  
prepared for all peoples.  
Amen.**

## The Dismissal

*Notices may be given at this point.  
A closing hymn is sung.*

## The Blessing

Christ give you grace to grow in holiness,  
to deny yourselves,  
take up your cross, and follow him;  
and the blessing of God almighty  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord:

**In the name of Christ.**

**Amen.**

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